

# PHYSICAL EDUCATION

AUTUMN TERM 2024

## Baseball Leadership

In October, we took our KS4 leaders to support a Primary School baseball event.

Our students helped create and ran a range of baseball activities throughout the day, showcasing high innovation and amazing communication skills. They quickly built great rapport with the young pupils, evidenced by the high levels of engagement and huge smiles on their faces.



## Monster Kickabout 2024

During the Autumn Term, Heath Park proudly joined the Youth Sport Trust Monster Kickabout initiative, organised by Sports Direct in collaboration with Nike. The event brought excitement and energy to our school as coaches visited to deliver a series of fun and engaging football-based activities.

Students had the chance to participate in various games, including paired football, crab football, and a thrilling penalty shootout challenge. These activities were designed to promote teamwork, creativity, and most importantly, fun! As a bonus, Sports Direct generously gifted participants with clothing items, which were met with great enthusiasm.

It was truly wonderful to see our students enjoying themselves, embracing the spirit of the game, and celebrating the inclusivity that football brings to all.



## Ebony Salmon Visits Heath Park

On Friday 8th November as part of the Monster Kickabout initiative a group of our girls participated in some fun football sessions.

They also had the fantastic opportunity to meet England and Aston Villa player Ebony Salmon. The girls seized the chance to ask her questions about playing elite sport, her career and future goals. Our girls walked away excited, motivated and more driven to play football.



## A visit St George's Park to watch the Lionesses train!

On Tuesday, November 19th, a group of Heath Park's footballers had the incredible opportunity to watch the Lionesses train at the world-renowned St George's Park. It was an unforgettable experience, offering students a unique chance to witness elite-level football up close while touring the state-of-the-art facilities.

The students were nothing short of exemplary, showing great enthusiasm throughout the day. Their excitement reached new heights when they were gifted kit and had the chance to meet their heroes. The highlight of the experience came when they were able to get their belongings signed by their idols, creating memories that will last a lifetime.

This event was not only a celebration of women's football but also a source of inspiration for our students, motivating them to continue pursuing their passion for the game.





## **Ouskh Dampha receives the National School Sports Week Hero award!**

We are absolutely thrilled to announce that Ouskh Dampha from Heath Park has been honoured with the National School Sports Week Hero Award by the Youth Sports Trust Changemakers.

Ouskh's contribution to our PE Department has been nothing short of extraordinary. He has represented the school on multiple occasions and his passion for sport, along with his dedication to helping others, has been invaluable in supporting fellow students during PE lessons. Ouskh has played a key role in driving whole-school initiatives like the Monster Kickabout programme and National Sports Week, encouraging participation and promoting the values of teamwork and inclusivity.

.During the recent Monster Kickabout event, the Youth Sport Trust and their partners at Sports Direct were so impressed by Ouskh's journey and enthusiasm that they surprised him with hospitality tickets to watch England vs. Ireland at Wembley. His joy was truly infectious—he couldn't stop smiling all day, and he spent his train journey home reliving the experience through the photos he had taken.

On November 20th, Ouskh, and Mr. Alderman, travelled to London to receive his well-deserved award, presented by none other than Sir Mo Farah. But the surprises didn't end there! When Ouskh told Sir Mo of his love for Chelsea Football Club, Mo handed him a phone with a personalised video message from former Chelsea and England captain, John Terry. To Ouskh's utter delight, John Terry not only promised to send him a signed shirt but also offered tickets to watch Chelsea play!

We couldn't be prouder of Ouskh and his remarkable achievements. His passion, leadership, and dedication to sport are an inspiration to us all. Congratulations, Ouskh, on this outstanding recognition - you truly deserve it!

## Unified Football Event



In December Mr Smith took a group of Heath Park students to Aldersley Leisure Village to participate in a Unified Football event.

The Unified Football event is about bringing together students with different abilities to play, support, and learn from each other in a positive and inclusive environment. Our students embraced the event wholeheartedly, displaying incredible enthusiasm, determination, and teamwork.

Throughout the event, they cheered each other on, celebrated every goal, and, most importantly, enjoyed the camaraderie and fun of being part of a team. Our students were a real credit to Heath Park, demonstrating resilience, kindness, and sportsmanship. They showed that true victory is found in the positive experiences and connections made along the way.

## Badminton

The Girls Year 7/8 and Y9/10 badminton teams have beaten the schools in Wolverhampton to qualify for the Staffordshire County Finals in February.

They've been training incredibly hard, and we are wishing them the best of luck for their future games.



## Upcoming Spring Events...

- Wolverhampton City Volleyball Competitions
- Wolverhampton City Sportshall Athletics
- Y7/8 Girls Football Hub League
- Girls County Badminton Finals
- Wolverhampton City Gymnastics Competition
- KS2 Primary Leadership at Heath Park
- KS1 Unified Primary Mini Pentathlon (Leadership)
- British Basketball Finals Trip.