



Create a personal brand (CV and online)

Prepare for interviews

Learn how to manage transitions

Prepare for an employer assessment day

Learn about self-employment

Discuss: the 4-day week

Prepare for a careers 1:1

Explore pros and cons of post-18 pathways

Learn how to set career goals

Learn how to network and be enterprising

Learn how to balance life, learning and work

Discuss: what makes a good employer?

## Grow throughout life

Grow throughout life by learning and reflecting on yourself, your background, and your strengths.

## Explore possibilities

Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.

## Manage career

Manage your career actively, make the most of opportunities and learn from setbacks.

## Create opportunities

Create opportunities by being proactive and building positive relationships with others.

## Balance life and work

Balance your life as a worker and/ or entrepreneur with your wellbeing, other interests and your involvement with your family and community.

## See the big picture

See the big picture by paying attention to how the economy, politics and society connect with your own life and career.

