

<b>Y11</b>	Reflect on your employability skills	Explore pros and cons of post-16 pathways	Learn how to choose a post-16 pathway	Research volunteering and paid work	Compare apprenticeships and HE	Discuss: is AI a threat to our jobs?
<b>Y10</b>	Reflect on your career journey	Explore employer profiles	Learn about different career types	Prepare for work experience	Learn about workplace wellbeing	Discuss: in person, hybrid and remote working
<b>Y9</b>	Reflect on your skills	Explore learning pathways after school	Learn how to choose KS4 options	Find out how to take control of your career journey	Learn how to manage your money	Learn about the labour market (LMI)
<b>Y8</b>	Reflect on your interests	Explore CVs	Learn about the workplace	Find out how to create the life you want	Define what success looks like	Learn about careers and the climate
<b>Y7</b>	Reflect on who you are	Explore dream jobs	Learn what we mean by 'career'	Find out what entrepreneurs do	Learn about work-life balance	Learn about careers and the future

**Grow throughout life**  
Grow throughout life by learning and reflecting on yourself, your background, and your strengths.

**Explore possibilities**  
Explore the full range of possibilities open to you and learn about recruitment processes and the culture of different workplaces.

**Manage career**  
Manage your career actively, make the most of opportunities and learn from setbacks.

**Create opportunities**  
Create opportunities by being proactive and building positive relationships with others.

**Balance life and work**  
Balance your life as a worker and/ or entrepreneur with your wellbeing, other interests and your involvement with your family and community.

**See the big picture**  
See the big picture by paying attention to how the economy, politics and society connect with your own life and career.